

Tuesday June 9 - Sunday June 14, 2026
Rocky Mountain Ecodharma Retreat Center - Ward, CO

Nurturing Deep Belonging with Ourselves & the Earth

w/ Rebecca Bradshaw, Ramona-Lisa Ortiz Smith & Jean Leonard



With the support and inspiration from the beauty and majesty of the Rocky Mountains, we will explore the Buddha Dharma from the paradigm of receptivity, allowing ourselves to be touched by life and recognizing our deep belonging. By practicing dropping out of our usual mind-oriented relationship with the world and dropping into the body, we will establish a relationship of heartfelt intimacy and respect both with our own experience and the natural world around us. Through community and connection with nature, we will contemplate the Buddha's teachings and remember that we are already home on our beloved planet Earth. This retreat will include sitting and walking meditation, outdoor practice, qi gong, chanting, talks and inquiry sessions. Both new and seasoned practitioners are warmly welcomed.

Register at: <https://rmerc.org>

